



LEARNERSFIRST



The Exeter Pride

Term 2—Issue No. 2— 20 May 2016

DIARY DATES—Term 2, 2016

MAY

Monday 23	Australian Geography Competition
Tuesday 24	Science and Engineering Challenge UTAS
Wednesday 25	Australian History Competition
Thursday 26	Parents & Friends Meeting 7.30pm
Monday 30th	UTAS visit—Gr 10
Tuesday 31	Newstead College Orientation Gr 10s

JUNE

Thursday 2	ICAS Science Competition
Friday 3	Launceston College visit Gr 10
Monday 6	Cross Country

PRINCIPAL : Ben Frerk

ASSISTANT PRINCIPAL : Paul Stevenson

ASSISTANT PRINCIPAL : Andrea Saville

GRADE LEADERS

Grade 7 Claire Lovitt / Naomi Cartledge

Grade 8 Allison Macpherson / Ty Stewart

Grade 9 Kym Knights / Skye Champion

Grade 10 Jo Robinson / Stefan Lendvay

SUPPORT SERVICES:

School Psychologist : Jessica Walker (Monday/Wednesday)

Social Worker : Esther Fleming (Monday/Tuesday)

School Chaplain: Crystal Parry (Monday/Wednesday/Friday)

INTRODUCING OUR GRADE 10 TEAM

Grade 10 Leaders

Jo Robinson



Stefan Lendvay



Home group Teachers

10A Bridie Youd



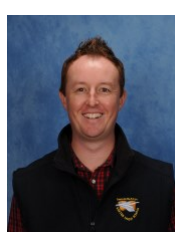
10B Peter Page



10C Louise Finnigan



10D Mr Cameron Clarke



FROM THE PRINCIPAL

NAPLAN TESTING

Last week our year 7 and 9 students demonstrated an important quality in life – effort! As students completed their NAPLAN tests they demonstrated perseverance in completing all tests to the best of their ability. NAPLAN tests the skills that are essential for every child to progress through school and life such as reading, writing, spelling, grammar and numeracy. It also provides valuable information on how your child is progressing against national minimum standards of literacy and numeracy skills expected of each year level. At Exeter High School the information we receive from NAPLAN testing last week allows us to do the following:

- As a staff we can identify each individual child's areas of strength in literacy and numeracy and pinpoint areas where future focus is required and how best to provide support or extension activities
- As a school we use the NAPLAN toolkit to analyse student's results. The Toolkit provides detailed information right down to the individual question which links to teaching strategies

RESPECT - LEARNING - MATURITY - ACCEPTANCE

- As a Principal with senior staff we use NAPLAN results to inform school planning and to allocate resources and support including informing decisions around targeted programs and initiatives for individuals and groups

NAPLAN testing is a significant organisational consideration and it doesn't run smoothly without the exceptional work from our senior staff and the teachers. I would like to acknowledge the efforts of Mrs Lovitt especially and supervising teachers for their hard work and organisation that allowed students to have the opportunity to perform to their potential.

On Tuesday I had the pleasure of accompanying Grace Younger, Catelyn Turner, Ned Whiting, Kara Landsberg, Elizabeth Jones and their families to a very special

celebration at Brooks High School. These students achieved results in the top 1% of NAPLAN in 2015. This is a very significant achievement and a well deserved public acknowledgement for their hard work in the areas of literacy and numeracy. Well done, we are all extremely proud of you.



REPORTING TERM

We are now half way through the year and students have been working hard in all subject areas. All staff are currently moderating and having in-depth discussion about students learning to accurately and fairly assess them against the Australian Curriculum. Assessment and feedback are a continual process at Exeter High School and staff regularly provide feedback to students about their progress.

The Australian Curriculum is a grade based curriculum. This means that as students' progress through high school the curriculum changes and becomes increasingly more challenging. This is a very important point and needs to be kept in mind when comparing student results from year to year. For example, if a child receives a C confirming that they are at standard for year 8 English it does not automatically mean they will receive the same result in grade 9 for they are studying a different curriculum, doing more difficult work and therefore being assessed at a different level. Reports

will soon be coming home so please make an appointment to come a meet with teachers to discuss your child's learning.



WINTER SPORT

Once again we have begun our Winter Sport competitions and it is great to see so many students from grades seven through to ten proudly wearing our Exeter High School colours every Wednesday and Thursday afternoons. We have teams playing netball, football, soccer and I look forward to hearing all about their games and spectating when I can. Parents are most welcome at all games to cheer on our amazing students.

EVERY DAY COUNTS

- Research has proven that when students attend school all day and every day they achieve much better results and give themselves a greater chance of a successful future. School helps students build social and emotional skills such as teamwork, communication and resilience along with developing their academic understanding. Parents need to be aware as well that it is a legal requirement that students attend school.

Under the law you must make sure that your child attends school every day unless you have a reasonable excuse. It is very important that you don't keep your child away from school for minor

reasons. You can expect Exeter High School to do the following:

- Monitor student attendance
- The office will communicate every time your child is absent from school
- We will follow up on any unexplained absences
- Provide students with real life authentic experiences to engage them in their learning
- Work with you around strategies to encourage your child to come to school

It is really important that if your child is absent from school you contact the office and provide a reason. If you have any problems with getting your child or children to school please contact us for advice or support.

Mr Ben Frerk
PRINCIPAL

CAMBODIA/ SINGAPORE FUNDRAISER

Saturday 21st May 9.00-4.00pm
Bunnings Kings Meadows



Show your support for the 2017 Grade 10
Cambodia/ Singapore Trip.

NOMINATE A GREAT TEACHER TODAY.

Do you know a teacher you'd like to thank? A Day Made Better gives you the opportunity to thank a primary or secondary school teacher who is making a difference. If chosen as one of 10 winners, they'll receive \$5,000 worth of supplies and an Apple iPad for their classroom. Help us recognise these inspiring people by nominating them today.

NOMINATE A TEACHER YOU'D LIKE TO THANK BEFORE JUNE 17TH
Great teachers are worth celebrating.
ADAYMADEBETTER.COM.AU

**A DAY
MADE
BETTER**

OfficeMax



WEST TAMAR COUNCIL SCHOOL HOLIDAY ACTIVITIES JULY 2016

West Tamar Council has just released its July School Holiday Program. Activities on offer this July include: Village Cinemas (Finding Dory), Kingsway Crazy Golf, Game On Gaming Competition, Ten Pin Bowling, Basketball Clinic with the Tornadoes, and Zone 3 Laser. The program is open to all West Tamar residents aged 10-16. All activities are subsidised by Council, with transport provided for most activities also. To secure your place please visit: <http://www.wtc.tas.gov.au/Your-Community/Youth/School-Holidays>, any council office, or contact Stewart Bell (Youth Development Officer) on 63239206 or 0429416310.



2016 Cross Country Timetable (16th May – 3rd June) Please note that each class will participate in two PE lessons per week

	Mon	Tues	Wed	Thurs	Friday
Lesson 1 9.15-10.25	10B PE	10A PE	9C PE		7C PE 8A PE 8B PE
Lesson 2 10.50-12.00		10C PE	10C PE 10D PE		8C PE
Lesson 3 12.05-1.15	7A PE 10D PE	9B PE 7B PE 8A PE 9C PE	7B PE	9B PE 9A PE	
Lesson 4 2.00-3.10	9D PE	8B PE 8C PE 10B PE	7A PE 7C PE		9A PE 9D PE 10A PE

GIRLS SCHOOL UNIFORM

Orders are now being taken for girl's shorts and trousers. Sizes 10, 12 & 14 can be tried to check size.



Cost: \$40 shorts

\$48 trousers

Place your order as soon as possible.

Delivery takes approximately two weeks.



Like to know what's happening at EHS?

Our School now has its own Skoolbag iPhone and Android App.

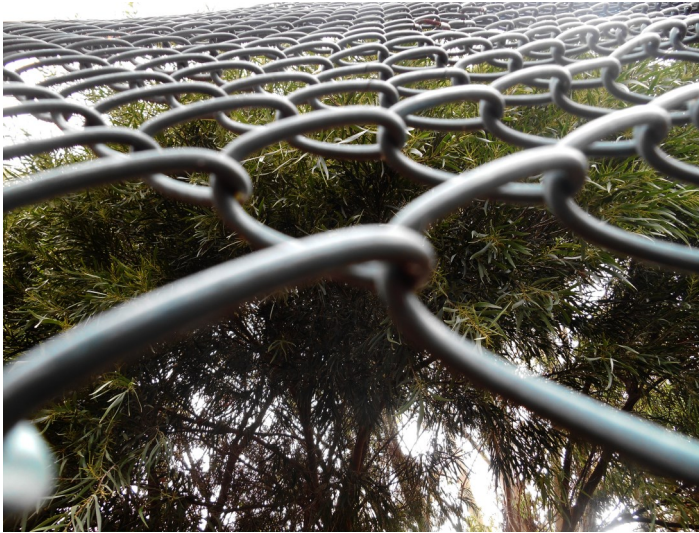
If you would like instructions on how to install this app please contact the school office on 6394 4366.

EXETER HIGH SCHOOL PARENTS & FRIENDS MEETING

Thursday 26 May 2016 — 7.30p.m.

In the Staffroom—All welcome.

GRADE 9/10 MACRO PHOTOGRAPHY





Tamar Jets Netball Club

THERMOMIX RAFFLE

\$20 a ticket

If interested please contact Cindy on
0417 386 841 or
cynthiadunn@hotmail.com

EXETER LIBRARY *Changes to Opening Hours*

DAY	NEW HOURS	
Monday	9:30-12:30	1:30-4:30
Tuesday	NOT OPEN	
Wednesday	9:30-12:30	1:30-4:30
Thursday	11:30-12:30	1:30-6:00
Friday	9:30-12:30	1:30-4:30



IMPORTANCE OF BREAKFAST FOR TEENAGERS

It's easy to skip breakfast. It's estimated that 12 to 34 percent of children and adolescents regularly miss the morning meal.

While teens aren't always on board with what you say, they are easily influenced by their friends, and that includes breakfast behaviour.

Eating a healthy breakfast (versus one that includes donuts or energy drinks) can help your teen get more nutrition and even perform better at school. Check out these five reasons for your teen to eat breakfast:

Energy. Along with sleep and exercise, breakfast is one of the best ways to recharge your batteries. It's the perfect opportunity to get energy-boosting carbohydrates like whole-grain bread, oatmeal and fruit. Create a breakfast with staying power using protein and carbohydrate combos like fruit and yoghurt, whole-grain cereal with milk or a whole-grain toast with toppings. Breakfast is an ideal way to energize so there will be no sleeping in class!

Improved concentration. Studies suggest that eating a healthy breakfast improves brain function — particularly memory and recall. This is essential for soaking up new knowledge and applying it later for a big exam.

Better grades. Research shows students who eat breakfast perform better academically. It's not fully understood why, but scientists believe it may be because breakfast supplies essential nutrients to the nervous system to rev up brain power. Or the explanation could simply be that breakfast alleviates hunger and a rumbling tummy, which can interfere with academic performance, behaviour and self-esteem.

Healthy weight. Teens may think skipping breakfast is a good way to save on calories and lose weight, but quite the opposite is true. Breakfast skippers tend to weigh more than those who eat breakfast regularly. Additionally, those who eat a morning meal tend to make healthier food choices throughout the day, which can positively impact weight and long-term health.

It tastes great! This may be the most compelling reason to enjoy breakfast before a long school day. Warm up with a hearty bowl of oatmeal on a cool morning or hydrate with sweet chunks of fresh fruit and yogurt when it's warm outside. With so many options on the table, you're sure to find something that works — peanut butter on whole grain toast, fruit, eggs, yoghurt or last night's leftovers ... what's not to love?

Though it may take time, helping your teen eat a nutritious breakfast today will build healthy eating habits that last a lifetime.

CONTACT DETAILS

Exeter High School
Glen Ard Mohr Road, EXETER Tas 7275
Phone (03) 6394 4366 Fax (03) 6394 4485
Email: exeter.high@education.tas.gov.au



OFFICE HOURS
8:30am-4:00pm
6394 4366

